



**Training & Assessment
in Healthcare Ltd**

Training and Professional Development

Attachment Theory

This short course aims to provide an opportunity to learn about attachment theory; this is an important fundamental knowledge base for all staff working with young people and adults who may experience difficulties in forming and maintaining 'trusting and functional' relationships with adults.

COURSE OBJECTIVES

- To identify and critique attachment theory
- To gain an awareness of potential changes in attachment during childhood and adolescence
- To learn and discuss attachment in adults
- To discuss and become aware of reactive attachment disorder and adult attachment disorders
- To gain an awareness of secure, avoidant, ambivalent/resistant and disorganised attachments and the implications for health and well-being.

COURSE INFORMATION	
Duration:	Half day
Who should attend:	Nurses, All Care/Support Workers, Managers/Seniors
Certification:	Certificate of Attendance
Travel Charge:	Dependent on Location

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