



Training and Professional Development

Catheter Care (Urethral and Suprapubic Catheters) Continence and Bowel Care

This course aims to provide staff with knowledge and confidence and encourages a proactive person-centred approach to delivery of continence and catheter care.

COURSE OBJECTIVES

- To understand what continence means
- To consider conditions that may cause incontinence
- To understand the potential physical and psychological impact for individuals
- To be able to develop an effective individualised continence care plan for continence management and to review this regularly and as required
- To gain awareness of medical conditions that may require bowel care management.
- To understand the importance and responsibilities of staff for bowel care management and how this can impact daily life and health outcomes.
- To promote effective bowel care (constipation and incontinence) including the importance of nutrition, hydration, mobility, exercise.
- To be able to evaluate, promote, maintain and review good skin hygiene and care.
- To understand effective reporting and documentation in relation to bowel care and the effective use of the Bristol Stool Chart.
- To gain a basic understanding of the Anatomy & Physiology in relation to the urinary tract & supra-pubic entry site.
- To discuss the reasons & benefits of a urinary catheters
- To be able to give daily catheter care safely and correctly identifying & using the correct equipment
- To recognise signs that may raise cause for concern & report appropriately
- To be aware of personal accountability and responsibility

COURSE INFORMATION

Duration:	Half day
Who should attend:	Nurses/Carers/Managers/Seniors/CHAPS
Certification:	Certificate of Attendance
Travel Charge:	Dependent on Location

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