



**Training & Assessment
in Healthcare Ltd**

Training and Professional Development

End of Life Care & Advance Care Planning

This full day course aims to provide knowledge and skills in this essential area of care, to increase staff's confidence and to provide the opportunity for reflection and to explore thoughts and feelings around dying to improve practice

COURSE OBJECTIVES

- To gain knowledge of the principles for person centered end of life care, supporting empowerment for the individual and dignity in care
- To discuss person centred advance care planning, incl. e.g. DNACPR/ReSPECT, ADRT's, cultural and spiritual diversities, choice, capacity, best interest decisions and consent
- To improve awareness of our responsibilities and accountabilities in the provision of safe and compassionate end of life care. Including assessment & symptom management, during increasing decline and the last days of life
- To discuss how to have difficult conversations and to have the opportunity to reflect and improve practice in our professional relationships, with the dying person, with those who matter most to the person, with colleagues and with the multi-disciplinary team
- To understand the importance of person-centred approaches in relation to death and dying
- To understand the correct procedures for care after death.
- To gain an overview of the End-of-Life Care Strategy, including where appropriate The Six Steps Programme, The Gold Standard Framework and signposting to other resources to improve practice
- To understand the importance of promoting health and well-being for staff to increase resilience and team working skills

COURSE NOTES

- Mapped to "The Five Priorities for Care" and "One Chance to get it Right"
- Loss & bereavement awareness will also be covered in this session depending on experience and existing knowledge of participants

COURSE INFORMATION	
Duration:	10am-4pm
Who should attend:	Nurses, All Care/Support Workers, Managers/Seniors/CHAPS
Certification:	Certificate of Attendance
Travel Charge:	Dependent on Location

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