



Training & Assessment
in Healthcare Ltd

Training and Professional Development

Personal Relationships and Sexuality

This short course is suitable for all car and support staff who work in health and social care, the voluntary sector or their families who support people with a learning disability. This course aims to provide information to support individuals wishing to explore and develop their own relationships.

COURSE OBJECTIVES

- Understand the development of human sexuality
- Understand how the sexual development of individuals with a learning disability can differ
- Understand the issues of sexual health and how these can be supported
- Understand relevant legislation influencing the support of sexuality and sexual health for individuals
- Know how to support the sexual expression of an individual with a learning disability

COURSE NOTES

- This course can be delivered inhouse or via zoom
- We can tailor this course for your specific service provision within residential care for the elderly and other care settings – please call to talk through your specific requirements

COURSE INFORMATION	
Duration:	Half day
Who should attend:	Nurses, All Care/Support Workers, Managers/Seniors/CHAPS
Certification:	Certificate of Attendance
Travel Charge:	Dependent on Location

Training and Assessment in Healthcare Ltd, 15 Hurricane Way, Norwich NR6 6EZ

Tel: 01603 611107 Email: training@tihcuk.com

Website: www.traininginhealthcare.co.uk

Managing Director: Linda Evans RGN. Company Secretary: Howard Evans. V.A.T. registration No: 948 7300 96