



Training and Professional Development

Moving & Handling Train the Trainer 1 Day Update

This 1-day intensive programme – provides a comprehensive update for those staff who have previously completed the full three-day course – the aim is to enhance and improve confidence in the training role and ensure the trainers for your organisation are fulfilling their accountabilities and responsibilities and feel supported in this important role.

Course Contents: _____

- The opportunity to review practice and discuss challenges and successes in their current training role
- Review of basic principles of safe handling and current legislation
- Refresh theories and principles of safe movement of people and objects
- Discussion of moving and handling equipment available for client groups in your organisation and bespoke care environments
- Practical demonstrations of ‘moving and assisting people safely’ techniques
- Refresh knowledge of dynamic risk assessment of situations
- Full interactive participation encouraged to ensure staff are given the opportunity to meet their ongoing learning needs and reflect on current practice.

Course Notes: _____

- This course may include demonstration and practice of safe use of handling aids & equipment as appropriate (Mangar ELK, hoists, glide sheets, handling belts, stand aid etc)
- For further information on our Full Moving and Handling Train the Trainer 3-day course - to further develop (new to your organisation) experienced staff in health and social care – please contact us.

COURSE INFORMATION	
Duration:	9.30am - 4.30pm
Certification:	Certificate of Attendance
Cost:	£175 + VAT per delegate
Travel Charge:	Dependent on Location

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