



Training and Professional Development

Restrictive Practice & The Mental Capacity Act

This half day course identifies and defines ‘restrictive practice’. We include discussion and group work looking at strategies to reduce the use of restrictive practices in services, whilst ensuring the people we support remain the focus of all meaningful interventions to support their independence.

Course objectives

- To define ‘Restrictive Practice’
- To understand the Mental Capacity Act and how this links to restrictive practice
- To inform professional practice and identify positive behaviour support.
- To discuss the key points to ensure that any restrictive practice or intervention is legally and ethically justifiable and underpinned by safeguarding and person centred working
- To understand the importance of your role and accountability in developing organisational procedures and cultures to reduce restrictive practice
- To enable reflective discussion on person-centred care and positive behaviour support to minimise restrictive practices
- To have the opportunity to discuss examples of restrictive practices

COURSE NOTES

- This course can be delivered inhouse (dependent on location) or via zoom
- Deprivation of Liberty Safeguards and the new Liberty Protection Safeguards will be discussed
- It is desired that all staff have attended Safeguarding Adults Training prior to attending this session
- Please discuss with the trainer any bespoke areas of learning that you would like included prior to the course

COURSE INFORMATION	
Duration:	Half day
Who should attend:	All staff
Certification:	Certificate of Attendance
Travel Charge:	Dependent on Location

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