



*Training and Professional Development*

## Understanding Personality Disorder

**This course is suitable for all staff, Registered Nurses, Carers, Support Workers and Managers working within health & social care settings**

**It aims to offer a broader understanding and a greater understanding of individual presentations thereby reducing stigma and improving health outcomes and well-being for those affected.**

### COURSE OBJECTIVES \_\_\_\_\_

- To gain knowledge of personality disorder including current ICD-11 diagnosis criteria and potential causes
- To discuss different presentations and some signs and symptoms
- To gain awareness of the importance of developing a person-centred approach for the individuals you support
- To revisit professional boundaries, consistency and team working
- To gain knowledge regarding helping strategies and psycho-educational approaches
- To discuss our role, our accountability and responsibility

### COURSE NOTES \_\_\_\_\_

- This course can be delivered inhouse or via zoom

COURSE INFORMATION	
<b>Duration:</b>	Half day
<b>Who should attend:</b>	Nurses, All Care/Support Workers, Managers/Seniors/CHAPS
<b>Certification:</b>	Certificate of Attendance
<b>Travel Charge:</b>	Dependent on Location

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