



Training & Assessment
in Healthcare Ltd

Training and Professional Development

Catheterisation Male/Female/Suprapubic

This course is offered to Nurses and Associates (with current NMC registration) and is designed to teach the learner catheterisation techniques and equip them with the knowledge and confidence to be able to use this skill within the workplace.

Course Objectives

- To review basic anatomy and physiology of the female and male genito-urinary tract
- To gain awareness of some urinary conditions
- To be able to recognise when it is appropriate to catheterise and to remove a catheter - patient assessment/HOUDINI protocol
- To gain understanding of the importance of patient consent & NMC legal requirements
- To recognise the contraindications for catheterisation and the associated risks
- To be confident with all aspects of IPC/sterile techniques
- To be familiar with all equipment needed to perform catheterisation
- To be aware of and able to complete appropriate documentation
- To be confident in recognising & providing an appropriate environment to perform the procedure and support for the client
- To gain awareness regarding bladder washouts and troubleshooting
- To be confident in performing male, female and suprapubic catheterisation
- To demonstrate understanding of daily catheter care, hygiene and infection control
- To gain awareness of some urinary conditions

Course Notes

- Practical models are used to demonstrate and/or practise technique.
- This underpinning knowledge must be assessed and consolidated within the workplace for the candidate to become competent by a suitably qualified assessor.

COURSE INFORMATION	
Duration:	Half day
Who should attend:	Registered Nurses/Nurse Associates (maximum 6)
Certification:	Certificate of Attendance
Travel Charge:	Dependent on Location

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