



Training and Professional Development

Moving & Handling Train the Trainer 3-day course

This 3-day intensive programme – provides comprehensive training for senior or experienced staff within your organisation to enable them to deliver high quality moving and handling training to your staff teams – the aim is to develop confidence and skills in the training role and ensure the trainers for your organisation understand and fulfil their accountabilities and responsibilities.

Course Contents: _____

- Health and Safety legislation, statistics, policies and procedures
- The care environment and ergonomics
- Back Care Awareness including spinal anatomy and physiology
- Risk assessment and patient assessment: to include T.I.L.E
- Principles of body movement and posture including handling of inanimate loads
- Discussion and scenarios/ video clips for a range of equipment and assistive technology including practical demonstration and practice
- Learning styles and what adaptations may be made to meet learner needs
- Managing Group dynamics
- Lesson planning
- The importance of record keeping in teaching and assessing
- Presentation skills
- Assessing competence – completion of micro teach

Course Notes: _____

- This course may include demonstration and practice of safe use of handling aids & equipment as appropriate (Mangar ELK, hoists, glide sheets, handling belts, stand aid etc)
- Following completion of the course a resource pack will be sent to learners to support them in delivery of learning events
- For further information on the pre-requisite experience required to complete this course and an enrolment form please contact us.

COURSE INFORMATION	
Duration:	3 days – each day - 9.30am - 4.30pm
Certification:	Certificate of Attendance
Cost:	£695 + VAT per delegate
Travel Charge:	Dependent on Location

Training and Assessment in Healthcare Ltd, 15 Hurricane Way, Norwich NR6 6EZ

Tel: 01603 611107 Email: training@tihcuk.com

Website: www.traininginhealthcare.co.uk

Managing Director: Linda Evans RGN. Company Secretary: Howard Evans. V.A.T. registration No: 948 7300 96