

Training and Professional Development

Tissue Viability, Pressure Area & Wound Care

This half day session aims to give staff knowledge and confidence in promoting positive skin care management to help maintain healthy, intact skin, prevent deterioration, encourage wound healing and required procedures for applying dressings.

- To understand the basic structure and functions of the skin
- To identify those who are more vulnerable in relation to pressure ulcers
- To learn best practice guidance for skin assessments ('aSSKINg') and the prevention of pressure ulcers
- To understand the importance of accurate record keeping, maintaining person centred care plan, risk assessments and other relevant documentation, such as nutritional screening, repositioning charts, body maps, dressing changes etc
- To understand the correct procedure for basic wound care/applying dressings and where to find further information/guidance
- To refresh awareness of the importance of infection prevention and control, personal care, nutrition and hydration, repositioning guidance and management of prescribed emollients and wound dressings.
- To be aware of accountabilities and responsibilities

COURSE NOTES

This training as been updated for 2023, mapped to best practice and evidence based research, staff
will be encouraged to critique their current record keeping practices and will have the opportunity to
reflect and discuss any challenges and barriers to effective person centred skin care plans and risk
assessments.

COURSE INFORMATION

Duration: Half day

Who should attend: Nurses, RNA's, Care Staff, Managers & Team Leaders

Certification: Certificate of Attendance

Travel Charge: Dependent on Location

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