

Training and Professional Development

## Child & Adolescent Development (& Therapeutic Working)

The aim of this half day course is to increase the candidate's awareness of development stages and phases, physically, neurologically and emotionally and the changes and challenges that can occur during transition from childhood to adulthood.

By increasing staff's knowledge and understanding we aim to support staff to provide person-centred care to the young person and be able to positively manage risks within support services.

Course Objectives						

- To understand and critique the "theories" supporting child and adolescent development
- To understand trauma informed practice
- To review current strategies of working with and supporting children and young people
- Facilitation of discussion with regard to current practise, issues and targets
- Review of management strategies in relation to conflict resolution and deescalation skills
- To review and consolidate Professional Boundaries and safeguarding duties
- To refresh understanding and awareness of the importance of lone working and personal safety policies and safety requirements.

**COURSE INFORMATION** 

**Duration:** Half day

Who should attend: Nurses, All Care/Support Workers, Managers/Seniors/CHAPS

**Certification:** Certificate of Attendance

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Travel Charge:	Dependent on Location	
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