



Training and Professional Development

Hydration Promotion & Reducing Urinary Tract Infections (UTI's)

COURSE OBJECTIVES _____

- To understand the anatomy of the bladder, the urinary system and how the bowel works
- To learn the different types of urinary incontinence and how to care for the people we support
- To gain knowledge of urinary tract infections and
- To learn who is more at risk of UTI's and potential signs & symptoms
- To discuss the importance of hydration in reducing the risk of UTI's
- To gain awareness of the UTI checklist/assessment tool

COURSE NOTES _____

- This course can be extended to include bowel care and recognising signs of deterioration
- Please contact us to discuss your bespoke training requirements

COURSE INFORMATION	
Duration:	Half day
Who should attend:	All care and support staff, nurses and managers
Certification:	Certificate of Attendance
Maximum Attendees:	10-12
Travel Charge:	Dependent on Location

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