



Training and Professional Development

Activity Co-ordinator Development Training

The aim of this course is to help develop Activity Co-ordinators to be able to recognise and promote the potential benefits for engaging individuals in both every day and programmed activities. To increase confidence in the planning, delivery and evaluation of individual and group activities and increase understanding of the essential role activities have in providing person-centred care and enhancing well-being.

Course Objectives: _____

- To understand what 'activity' is and the benefits to individuals, for their cognitive, social and emotional wellbeing.
- To gain or increase existing skills in assessing individual needs and thereby providing person-centred activities, based on the person's strengths, abilities and interests.
- To be able to recognise the stages of dementia and relate this to the potential differing needs, offering supporting activities that are appropriate to individual holistic needs
- To be able to plan and provide appropriate activities for individuals using a variety of diverse approaches i.e. Montessori
- To practice how to evaluate activities and outcomes (for example, how the activity has benefitted the participants) and to provide evidence and documentation to support this valuable role.

Course Notes: _____

- By the end of the course participants will have identified and shared activities that can be facilitated, either as a 1-to-1 or group activity and set an action plan to complete in the workplace.

COURSE INFORMATION	
Duration:	Half Day
Who should attend:	Activity Co-ordinators
Certification:	Certificate of Attendance
Travel Charge:	Dependent on Location

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