

Training and Professional Development

## **Drug & Alcohol Awareness**

This half day course aims to increase knowledge, skills and confidence in recognising symptoms relating to substance misuse and other addictive behaviours that impact health and well-being

<b>COURSE OBJECTIVES</b>	

- To increase knowledge of drug and alcohol dependency, inc. common drugs used
- To increase awareness of the impact of alcohol & drugs and other addictive behaviours on an individual's health and well-being
- To gain knowledge regarding the physical and psychological effects of drugs and alcohol
- To be aware of how substance misuse can affect mental health conditions and vice versa
- To enable staff to feel more confident and to know where to seek further advice from policies, procedures, managers and specific services in their areas

COURSE NOTES		
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 We recommend that service managers discuss with the trainer, prior to delivery of this session, the specific service provision so that this course can be tailored to your requirements for your staff

COURSE INFORMATION

Duration: Half day

Who should attend: Nurses, All Care/Support Workers, Managers/Seniors/CHAPS

**Certification:** Certificate of Attendance

Travel Charge: Dependent on Location

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