



**Training & Assessment
in Healthcare Ltd**

Training and Professional Development

Spinal Injury

The aim of this short course is to enable staff to gain knowledge of the anatomy of the spine, its functions and the possible consequences following injury. To increase skills and confidence and to address the importance of person-centred care.

COURSE OBJECTIVES _____

- To develop knowledge of spinal anatomy
- To identify physical changes that can happen following injury to the spinal cord
- To identify the risk factors associated with spinal cord injury
- To explain the importance of positive skin care, pressure area care and limb movement
- To facilitate effective bladder and bowel management and the importance of nutrition and hydration
- To be aware of the importance of reporting and the ability to contact the relevant support
- To identify the necessary documentation, policies and procedures

COURSE NOTES _____

- This session is suitable for all staff involved in the care of a person with a spinal injury

COURSE INFORMATION	
Duration:	Half/Full day
Who should attend:	All staff members
Certification:	Certificate of Attendance
Cost:	POA
Travel Charge:	Dependent on Location

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