



Training and Professional Development



First Aid at Work Level 3 Award

This 3 day course is suitable for candidates who wish to deliver First Aid to their staff teams when combined with a training qualifications such as Award in Delivering Training. It is also suitable for those who require First Aid at Work (FAW) Certificate as a First Aider to comply with HSE requirements. This is an externally regulated qualification delivered through Highfield Qualifications

Course Objectives

- Understand the roles and responsibilities of a first aider
- Be able to assess an incident
- Be able to provide first aid to an unresponsive casualty
- Identify when to administer CPR and demonstrate using a manikin
- Be able to provide first aid to a casualty who is choking
- Be able to provide first aid to a casualty with external bleeding
- Know how to provide first aid to a casualty who is in shock
- Know how to provide first aid to a casualty with minor injuries
- Know how to provide first aid to a casualty with suspected major illness
- Be able to conduct a secondary survey
- Be able to provide first aid to a casualty with suspected injuries to bones, joints and muscles
- Know how to provide first aid to a casualty with suspected head and spinal injuries
- Know how to provide first aid to a casualty with suspected chest injuries
- Know how to provide first aid to a casualty with burns and scalds
- Know how to provide first aid to a casualty with an eye injury
- Know how to provide first aid to a casualty with sudden poisoning
- Know how to provide first aid to a casualty with anaphylaxis

Course Notes

- Candidates are required to undertake practical elements within this course and must be physically able to carry out the procedures, includes written and practical assessment
- A Resuscitation Mannequin is used to practice CPR and mouth-to-mouth technique
- Refresher training after the 3 years is a 2 day course

COURSE INFORMATION	
Cost:	POA
Duration:	3 x Full days
Group size:	Maximum 12 candidates
Certification:	First Aid at Work (valid for 3 years)
Travel Charge:	Dependant on location

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